



CERTIFICATE

OF PARTICIPATION

This is to certify that

Garth Cathey

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 04:45:24

PACE 06:46/km

OVERALL 306 of 834

Date

GENDER 234 of

563

40+ 68 of 161

08 July 2023, Sat